

Claims

[c1] What I claim as my invention is: The NutriMeter is a software package that will allow users to enter their daily food, vitamin, and drink consumption and receive a report of their nutritional intake and suggestions on additional intake to be at the recommended level for their age, size, and medical status. The package will be able to scan in scan friendly nutritional charts and read the information of the food consumed and add that information to a personal's daily intake or to the main database for future use. In the future the software package can be downloaded to PDA's.